Hello,

This e-mail is from Daniel Hutto, ARNP owner and medical provider for:

Hutto Wellness 407 Walnut St. Green Cove Springs, FL. 32043 <u>Contact@huttowellness.com</u> Phone: 904-863-3275 Fax: 904-605-2114

We are pleased to offer you Tele-Health services. The purpose is to help you reach your health care goal without creating additional burdens within an already busy schedule.

One mandatory step in the process is to obtain you baseline medical history, ensure safety, and obtain consent for Telehealth Services. We also need you to read and confirm understanding of clinic policies. The Final step is read and sign the HIPPA privacy document which is in place to protect your privacy. These documents require update only once every 3 years.

There are two methods which you can use to complete these documents.

- Option #1: Use the PDF edit features to Add Text Boxes to fill in the required fields and Add Your Signature at the end. I have created PDFs with pictorial instructions <u>Step 1</u> <u>How to Select Edit Feature</u> on PDF, <u>Step 2 How to Add Text Boxes</u>, and <u>Step 3 How to</u> <u>Add Your Signature</u> to the PDF document. Save each document once you have filled in all the spaces and send completed documents to our secure email <u>contact@huttowellness.com</u>
- 2. Option #2: Print the documents, Fill in the required information, Sign Documents, Scan documents to your computer or take pictures of the documents and send the them back to our secure email <u>contact@huttowellness.com</u>

Prices For services:

- 1. Initial consult \$60 (This covers review of your medical history, Treatment options, diet and nutrition recommendations, a baseline status regarding your treatment goals).
- 2. Monthly follow ups at NO COST through direct secure texting or a brief telephone call to determine how you are doing with your current treatment and any adjustments that need to be made. There is no charge for medication changes.
- 3. Every 3-months Telehealth follow ups. \$45 (The purpose is to go into more detail regarding your treatment goals and progress).
- 4. Medications: the prices of our medications can be found on our website at https://huttowellness.com (We work with a local compounding pharmacy who is able to

deliver overnight refrigerated the medications to your home within 1-2 days for a fee of \$20.

5. Lab work: For safety and identification of any underlying complications we require basic labs at least once per year. If you have had lab work done within the last year you can email the results to our secure website. We have Basic Panels we draw in our office starting at \$89 which covers CBC, CMP, TSH, T3, Free T4, Lipid Panel, Hgb A1C, and Fasting Insulin level. If you are not able to make it to the office, you are able to stop by any of your local Lab Corp locations. Lab Corp charges an additional \$15 dollars to draw and process the blood work.

Thank you for considering Hutto Wellness. We are family owned and operated where you will always receive thoughtful personalized service. We believe that your success is our success. Please feel free to contact us with any further questions or concerns at <u>contact@huttowellness.com</u> or call 904-863-3275.

Sincerely,

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